

*SH-III/Nutrition/302C-6(T)/19***B.Sc. Semester III (Honours) Examination, 2018-19****NUTRITION****Course ID: 32312****Course Code: SHNUT-302C-6(T)****Course Title: Food Commodities****Time: 2 Hours****Full Marks: 40**

*The figures in the right hand side margin indicate marks.  
Candidates are required to give their answers in their own words  
as far as practicable.*

1. Answer *any five* out of the following questions: 2×5=10
  - (a) What is oolong tea?
  - (b) What is lathyrism?
  - (c) Write the utility of food guide pyramid.
  - (d) Mention medicinal uses of turmeric.
  - (e) What is iodized salt?
  - (f) Write the importance of food exchange list.
  - (g) Mention two factors which affect crystallisation of sugar.
  - (h) Write the nutritional importance of seed oils.
  
2. Answer *any four* out of the following questions: 5×4=20
  - (a) What do you mean by beverage? Classify beverage according to function. 1+4=5
  - (b) Write the nutritional importance of fruits. 5
  - (c) Write the advantages of germination of pulses. Mention the uses of pulses as dry seeds. 3+2=5
  - (d) Classify fish based on fat content. Mention the causes of fish spoilage. 3+2=5
  - (e) Write the nutritive value of egg. Mention an antivitamin present in egg. 4+1=5
  - (f) State the effect of tea on human health. Mention the important components of coffee. 3+2=5
  
3. Answer *any one* out of the following questions: 10×1=10
  - (a) What is parboiling of rice? Mention its advantages. Write the nutritional importance of Oat. What are breakfast cereals? 2+2+4+2=10
  - (b) What do you mean by pasteurization of milk? Mention different methods of pasteurization. Write the composition of Milk. What is hard cheese? 1+3+5+1=10